GET TO KNOW SCRUBS!
Chances are you may have seen this furry friend in a few places in our hospital and some of our recent communications even though we’ve yet to formally introduce him! That is why we’d like everyone to get to know Scrubs, the Red Panda.

We’ll be telling you more about Scrubs and his function within PMHD, so stay tuned!

DENTAL & VISION BENEFITS AT PMHD
Many have asked and we wanted to let all PMHD Employees know that your dental and vision remains with MetLife and have not changed. Keep in mind you can always print a copy of your Vision and Dental ID cards by registering on the following website - www.metlife.com/mybenefits. Your company log in name is: Pioneer Memorial Healthcare District Hospital.

BACK-TO-SCHOOL PHYSICALS
Have you scheduled your child’s appointment? Back-to-School physicals are available at the following PIONEERS MEMORIAL locations:

BRAWLEY CHILDREN'S Health Center-Brawley
(760) 344-5565

PIONEERS Health Center
(760) 351-4400

CALEXICO
Calexico Health Center
(760) 768-6262

MEN’S HEALTH FAIR A GREAT START
Last month, PIONEERS MEMORIAL staff members worked to present our community with the first ever Men’s Health Fair in celebration of Men’s Health Month.

The inaugural event brought together a majority of our PMHD clinics and physicians in addition to other health care partners from throughout the Imperial County. We want to especially thank Dr. Ramaiah Indudhara and Dr. George Fareed for taking the time to attend the event and speak to our attendees.

We’re already looking forward to next year’s event and seeing its continued growth for years to come.
THE BEST BEGINNINGS ARE HERE

The birth of your child is a fascinating time of growth and discovery. To help expectant couples meet the challenges of the transition into parenthood, PMH offers the “Miracle of Childbirth” course, which is designed to build your confidence, help you make informed decisions and support you in your new role as parents. This course is taught by skilled certified childbirth educators, PMHD nurses and other trained professionals who will answer all questions and offer guidance. For more information or to register call 760-351-4493 or send an email to JPadilla@pmhd.org

Childbirth Classes at PIONEERS
For more information or to sign up call: (760) 351-4493

PMH FOUNDATION, WOMEN’S AUXILIARY RECIPIENTS OF GIFTS

The Pioneers Memorial Hospital Foundation and the Women’s Auxiliary of Pioneers Memorial Hospital were the fortunate recipients of two generous gifts presented by Dr. Virgilio Almaden and his wife Toni Almaden on behalf of the Filipino American Nurses & Healthcare Providers of Imperial Valley.

The two checks totaled more than $6,000 and will help both non-profits continue to make a difference in the Imperial Valley and here at home at Pioneers Memorial Hospital!

PMH LITTLE PEOPLE CENTER NOW ENROLLING!

The Pioneers Memorial Healthcare District Little People Center is currently enrolling children for those interested in the onsite childcare option.

Call 760-351-3395/3315 for more information.

The center is operated between the hours of 6:30 a.m. and 6 p.m. Monday through Friday.