

We understand the public's concern and need for testing and treatment. Pioneers Memorial Healthcare District is working diligently to secure COVID testing and treatment modalities to continue to serve our community. Unfortunately, demand is high and supply is limited. Please be aware that in an effort to ensure treatment for the most at-risk patients, we must implement the following guidelines.

Covid 19 Testing:

PMHD is prioritizing testing for these groups:

1. People with moderate to severe symptoms of COVID-19
2. Higher risk individuals (e.g., health care workers, older adults and patients with compromised immune systems or chronic medical conditions) with mild symptoms

Testing at PMHD clinics is available by appointment. We are able to accommodate walk-in visits at some of our outpatient locations.

Please do not go to the Emergency Department or Health Care Centers if you have only mild symptoms or are only seeking a COVID test. This only results in longer wait times and delays in providing care to those who need it most.

We apologize for any inconvenience and encourage you to visit [COVID-19 Testing | Imperial County Public Health Department \(icphd.org\)](https://www.icphd.org) to explore additional testing options, offered through the county Imperial.

Testing Positive / Being Exposed

If you do test positive for COVID using an at-home test, you should isolate, even if you don't have symptoms. If you may have been exposed to the virus and may or may not have been infected, you should quarantine. We recommend following the California Department of Public Health [Guidance on Isolation and Quarantine for COVID-19 Contact Tracing \(ca.gov\)](https://www.cdph.ca.gov)

Seek emergency medical care immediately if someone is showing any of these signs:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

Monoclonal Antibody Treatments and Antiviral Pills

It's important to note how the prescribing process works for monoclonal antibody therapy at Pioneers Memorial Healthcare District. The ER providers at Pioneers Memorial Healthcare District make a clinical determination about which patients will most benefit from monoclonal antibody treatment based on meeting clinical criteria and clinical presentation. They will then prescribe the therapy to the patient accordingly.

The FDA has granted Emergency Use Authorizations to Pfizer's antiviral pill, Paxlovid, and to Merck's antiviral pill, Molnupiravir, for the treatment of mild-to-moderate COVID-19. Both medications are allocated by the government to select retail pharmacies in very limited quantities and must also be prescribed by a physician.

At the present time Pioneers Memorial Healthcare District has limited supplies.

- Please understand that if your provider recommends to you to come to our ER for one of these treatment modalities:
 1. Your COVID status will need to be confirmed; if you have been tested by your provider or a testing site please bring a copy of your results (home test results will not be accepted)
 2. You will need to be evaluated and to determine if you meet criteria
 3. It is subject to availability